

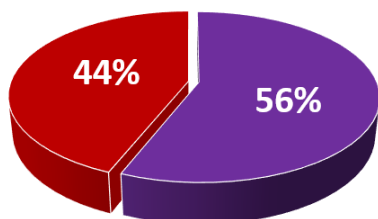
SUMMARY OF ANNUAL ACCOUNTS

INCOME	2023	2022
Charitable Activities	279,715	267,471
Donations & Gifts, including Events and Gift Aid	218,463	166,979
Furlough and Government COVID grants	0	28,097
TOTALS	498,178	462,547

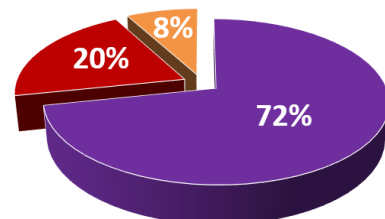
EXPENDITURE	2023	2022
Charitable Activities (cost to deliver service)	288,150	264,917
Fundraising costs	81,393	90,529
Governance costs	32,115	28,571
TOTALS	401,658	384,017

Full accounts can be downloaded from our website

INCOME 2022-23



EXPENDITURE 2022-23



Fundraising

Charitable Activities

Fundraising

Charitable Activities

Governance

SCHOOL VISIT DATA

	Devon & Cornwall	Dorset	Hampshire & IOW	Somerset	Thames Valley	TOTALS
Schools Visited	29	106	117	53	76	381
Days at Schools	44	209	286	105	128	772
Children Participating	4,191	19,329	28,073	10,171	11,904	73,668

The average number of pupils seen per day was 95

We reached a further 190 schools and 42,500 children with SCARF resources

THANK YOU

to our many supporters throughout the region from the children, parents and schools of Wessex and Thames Valley

To find out more visit www.lifeeducationwessex.org.uk

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Life Education helping children make healthy choices in Devon & Cornwall, Dorset, Hampshire & Isle of Wight, Somerset and Thames Valley with interactive workshops and our PSHE & RHE resource...

Safety **C**aring **A**chievement **R**esilience **F**riendship



Overview of our year 2022-23



Experts agree that early intervention is the key to empowering children to make healthy choices and avoid risky behaviours

What We Offer

- ✓ SCARF (Safety, Caring, Achievement, Resilience, Friendship) a comprehensive, online year round programme of study encompassing the entire PSHE and Relationships & Health Education (RHE) curriculum for Reception to Year 6
- ✓ Specialist Educator-led workshops delivered in-school:
 - Health, emotional well-being & drug prevention education for Nursery to Year 6 children (aged 3-11)
 - Time For Change: Growing Up and Moving on at Puberty for Years 4 to 6
 - Relationship Education for Years 4 to 6
- ✓ Workshops delivered in school classrooms or LifeSpace our unique inflatable classroom
- ✓ SCARF Live Online (Virtual) health, emotional well-being & drug prevention education workshops for Nursery to Year 6 children (aged 3-11)
- ✓ Twilight staff training
- ✓ Staff briefings and parent/carer sessions

"It is a complete package. Well researched and progressive. The children have really enjoyed having Harold as part of their PSHE learning, and we see the benefits in real life. They can do what we are teaching them when the need arises, not just say the right words in a PSHE session."

Why we do it...

Schools are required to deliver Relationships & Health Education, including emotional and mental health. We welcome recognition of the increasing pressures and anxieties faced by children in today's world. Our resources support schools in meeting guidelines and helping children make healthy choices, avoid risky behaviours and stay safe.

- 41% of boys and 35% of girls aged 10-11 were either overweight or obese⁵
- 31% of pupils reported that they had been offered drugs²
- 9% of children aged 8-15 had ever used e-cigarettes or vaping devices (7% in 2018)¹
- 18% of children aged 7-16 were identified as having a probable mental disorder (16% in 2020)⁴

However, statistics demonstrate some encouraging trends;

- 96% of children aged 8 - 15 have never smoked (82% in 1997)¹
- 85% of 8 - 15 year olds have never drunk alcohol (55% in 2003)¹
- 94% of boys and 95% of girls reported good or very good health¹
- 18% of 11-15 year olds had taken illegal drugs (down from 24% in 2018)²
- 20% of 8-11 year olds who go online say they have seen something worrying or nasty (27% in 2021)³

¹Health Survey for England 2021

²Smoking, Drinking and Drug Use among Young People in England 2022

³OFCOM Media Use & Attitudes Report 2023

⁴Mental Health of Children and Young People in England 2022

⁵Office of Health Improvement & disparities 2021/22

Evidencing the Value

Findings from annual evaluations show that:

- ✓ **99% of staff** agreed that the workshops were well delivered
- ✓ **98% of staff** agreed that the workshops met children's needs
- ✓ **97% of staff** agreed that SCARF is easy to access and implement in their school

Some comments from pupils;

"It will help me to: say no; make my own decisions; be more resilient; be more assertive and have more confidence in myself."

"I know I can make my own decisions and to stand up for what I think."

"We learnt how to look after our body, stay healthy and help people."

"I'm trying to help people quit smoking because it's a bad thing to do."

"Helping others, being kind and saying sorry."

Some comments from teachers;

"I'm always so blown away by what the children remember from the previous year! "Harold's favourite fruit is a banana!" We love the tent too! Makes the experience that bit more unusual and special which always makes them excited! Thank you as always for making these important messages so engaging and enjoyable!"

"Ash class thoroughly enjoyed getting involved with sharing ideas, dancing & seeing Harold! It felt like a calm, safe space to discuss important topics where all their responses were listened to and valued. Thank you for providing a positive and memorable learning experience."

"The session was excellent. You kept the children's engagement levels high through humour and pace. The children enjoyed discussing the peer pressure scenario and had many ideas about what should happen and what they would do in that situation."

"Thank you for such an informative afternoon. This really highlights the importance of talking to this age range about choices and drugs. Misconceptions were addressed and questions treated with respect and care. Your manner with the children really bought out the best in them! We will continue to talk about these issues back in the classroom."

