



Life Education
Wessex & Thames Valley
Helping children make healthy choices

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Keith Millman

March 2022

Re: Position of Educator (Dorset)

Thank you for showing an interest in becoming an Educator for Life Education Wessex & Thames Valley. We have pleasure in attaching an information pack including:

- Advert
- Job description
- Data Protection Privacy Notice and Letter
- Application form (a word doc version is also available to download)
- Details of programmes we offer

Applications by email are welcomed. If you are short listed, you will be notified in the first instance by telephone. Please ensure you give us a contact number on which you can be reached around the time of the closing date.

Life Education Wessex & Thames Valley (LEW&TV) is an independent and self-supporting Delivery Partner of an international and national organisation. Across the UK Coram Life Education Delivery Partners delivered health and well-being workshops to around 356,000 children last year and 45,000 teachers subscribe to the online SCARF resources. For more information about our workshops and SCARF visit <https://www.coramlifeeducation.org.uk/>

A registered charity, LEW&TV started its journey in Dorset in 1990 with one mobile classroom and one Educator. During the last 30 years, through voluntary contributions and the generous support of the community, it has grown considerably. We now have a team of Educators, a fundraising and office support team, eleven Trustees and a growing network of volunteers and supporters. Public, private and voluntary sector partners include representatives from Local Authorities and the Health Sector. For more information visit <https://www.lifeeducationwessex.org.uk/>

In 2019/20 we delivered Life Education workshops to around 70,000 children in over 300 schools across Devon, Dorset, Hampshire, Somerset, Berkshire, Buckinghamshire, Oxfordshire and Swindon, and a further 37,000 children in 180 schools have access to the SCARF resources.

This post is to primarily provide Educator cover for the schools we visit in the western half of Dorset and surrounding counties. Delivery options for workshops include both in-school and virtual workshops. We plan our timetables well ahead and ensure that travel is kept to a minimum. However, there may sometimes be a need to travel to any area, and occasionally this could be at a moment's notice in the case of sudden sickness. It is important therefore that the post holder has a flexible approach and can adapt quickly to changes in circumstances.

The successful candidate will be required, where necessary, to set-up and pack away the LifeSpace (inflatable classroom), which will involve transporting 2 large bags with wheels weighing circa 18kg each.

Training for a Life Education Educator is an intensive 10-12 week course during term time. The training will take place as close to home as possible, but there may be times when training away from home will be unavoidable. It is a demanding course and applicants must be confident they can commit to this course.

LEW&TV will pay a training grant of an average of £1,300 per month (pro-rata) during training and all out of pocket expenses in line with the current expense policy.

Due to the initial costs incurred in training, all new Educator employees will be required to sign a Training Agreement which outlines the level of fees to be repaid should the Educator not remain employed with LEW&TV for one year following the successful completion of training.

We would like to take this opportunity to thank you for your interest in our work helping young children to make healthy choices and stay safe; we do hope that you will want to apply for the post.

If you have any further queries and/or would like an informal chat about the post, please contact me on 07917 445227.

Yours sincerely

A handwritten signature in black ink, appearing to read 'JAMcPhail', with a large, stylized flourish at the end.

Jeanette McPhail
Chief Executive
jeanette@lifeeducationwessex.org.uk
Mobile: 07917 445227

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Life Education
Wessex & Thames Valley

Educator (Dorset based)

Permanent term time, 0.6 – 0.8 (3 or 4 days per week)

Salary range: £21,449 - £28,306 (pro-rata)

Life Education Wessex & Thames Valley (LEW&TV) is a Delivery Partner of the national charity Coram Life Education that supports primary schools' PSHE and wellbeing education.

This is a rare opportunity to join our team of Educators in the delivery of a range of specialised workshops, including Health & Wellbeing and RSE, to primary aged children throughout Dorset and the surrounding counties.

The workshops, which utilise dynamic teaching strategies and resources, are part of a framework of a fully developed whole-school approach to behaviour, safety and achievement. This includes a comprehensive online PSHE scheme of work (SCARF), to support schools' PSHE and wellbeing education for children aged 3 – 11.

We require an active, outgoing and enthusiastic person to deliver our workshops and manage this work, travelling to schools throughout the region. You will have:

- primary-age teaching qualifications/experience, knowledge and proven skills in PSHE and wellbeing education
- the confidence and ability to work closely with teachers (as well as children) to ensure they fully embed our work within their wider provision
- the ability and willingness to undertake induction training (3 months, full-time) and ongoing periodic training outside the region
- an awareness of, and commitment to, equal opportunities principles and practice
- a flexible approach as the days worked each week may vary
- be resident in the Dorchester area, and have the ability and willingness to travel to schools throughout Dorset and the surrounding counties at the times necessary

The successful candidate will be required, where necessary, to set-up and pack away the LifeSpace (inflatable classroom), which will involve transporting 2 large bags with wheels weighing circa 18kg each.

This is primarily a home based post and the successful candidate will be subject to an enhanced DBS check. Applicants must have eligibility to work in the UK and a full UK driving licence.

Visit <https://www.lifeeducationwessex.org.uk/join-us> for an information pack.

Visit www.lifeeducationwessex.org.uk & www.coramlifeeducation.org.uk/ for more information

Charity Number: 1071094



Life Education
Wessex & Thames Valley

Educator Job Description

Job Title:	Educator
Reporting to:	Educator Manager
Salary Range:	Scale 1/2 - £21,449 - £28,306 (pro-rata)
Work Pattern:	Term time only, 0.6 - 0.8 (average of 3 or 4 days per week)
Contact Type:	Permanent

Life Education Wessex & Thames Valley is a Delivery Partner of Coram Life Education

Purpose of the role:

To support schools' provision of wellbeing education, through an effective, planned programme encompassing PSHE (including drugs and RSE) education through a structured series of age-appropriate education programmes and resources (SCARF).

The programmes and SCARF are designed to develop children's knowledge, skills and attitudes in relation to their physical and emotional health and wellbeing and will support schools in achieving health and wellbeing outcomes for primary aged children, including National Curriculum, PSHE and Ofsted requirements in relation to these (in particular SMSC).

Programmes are delivered:

- Face-to-face, at the children's school, nursery (or other educational establishment), at times using LifeSpace (inflatable classroom) OR
- Remotely via video platform from the educator's home (SCARF Live Online)

Job Context:

The role of the Educator is as the main delivery resource of the Coram Life Education (CLE) programmes (including SCARF). The programmes seek to develop children and young people's awareness of the physiological and psychological challenges facing them as they mature. They provide a range of interactive teaching strategies, including drama and puppetry (for which full training will be given), and activities to develop pupils' knowledge, skills and personal attitudes about health, including the misuse of drugs (including medicines, alcohol and tobacco) and relationship and sex education, and the choices they have in relation to these.

Where a school contracts the service, it is the responsibility of the Educator to ensure:

- Full integration of the visit by ensuring that contracting schools are fully prepared to receive and maximise the benefit from the service through effective planning, scheduling and timetabling;
- Briefing of managers and thorough preparation work with teachers prior to the visit;
- Working to ensure that the programme is integrated into schools' existing provision for PSHE.

Face-to-face workshops use specially designed visual aids, models and interactive, positive teaching strategies that will encourage interest and build decision-making and critical thinking skills amongst the class of children in relation to a range of issues.

Remote delivery (SCARF Live Online) uses video streaming from the educator's home to deliver specially designed programmes using PowerPoint, screen-sharing, visual aids and interactive, positive teaching strategies.

Programmes last between 30 and 90 minutes, according to age, and are delivered to class groups, usually of no more than 30 children. There are separate programmes for each of the age groups between 3 and 11 years old.

Programmes can be delivered on school premises using LifeBase or LifeSpace (inflatable classroom) Interactive equipment. The Educator is responsible for setting-up and packing away the LifeSpace (which will involve transporting 2 large bags with wheels weighing circa 18kg each) and for its maintenance and security whilst on the site.

When working remotely via video platform from home, the educator is responsible for setting up the SCARF Live Online studio from which to operate the workshops and for providing the school staff with the information and guidance needed for a successful and safe virtual delivery.

The Educator is required to actively promote the Life Education service to potential new schools and/or other relevant organisations.

Educators receive a full ten-week training programme on all aspects of the role including technical and presentational issues. NOTE: Part or all of this training may have to take place out of the successful candidate's area, depending on availability of a suitable trainer. Training may also take place online.

Main Duties & Responsibilities:

1. Deliver Coram Life Education (CLE) programmes and training to a high level of competence (as defined by recognised best practice) to children and staff.
2. Ensure that schools contracting the service are fully prepared to receive and maximise the benefit from the service, through effective planning, scheduling, timetabling and thorough preparation work with teachers.
3. Ensure that school staff are fully equipped to integrate SCARF (including the CLE programmes) into their existing provision for children's mental health, wellbeing, safeguarding and PSHE education by delivering whole-staff training.
4. Ensure that parents/carers are given an opportunity to become aware of the content and purpose of the CLE programmes to enable them to support children in the implementation of their learning from the CLE programmes.
5. Ensure CLEbase and any other relevant Life Education Wessex & Thames Valley (LEW&TV) databases/records are kept up-to-date. Regularly check and respond to email and telephone communications.
6. Promote SCARF (and wider offer as available) with confidence and creativity. Set up SCARF licences for new schools/subscribers, monitor activity and initiate proactive follow-up termly.
7. Secure opportunities to promote our work at professional events, cluster meetings, twilights etc. Undertake activities as required by LEW&TV/CLE to support the awareness and uptake of the service by schools and other responsible bodies, and fundraising.

8. Ensure and promote the consistent use of recommended systems for evaluating and monitoring programmes, SCARF activity and customer relationship management. Respond to requests by LEW&TV and/or CLE for evidence and trends.
9. Undertake ongoing professional development (including CLE CPD events) to ensure fully conversant with developments/changes in children's mental health, wellbeing, safeguarding & PSHE education and their impact on the strategies and policies of CLE & LEW&TV.
10. Where trained and requested to do so by CLE & LEW&TV, contribute to delivery of Educator induction/CPD, and curriculum resource development.
11. Organise and manage, as required, the booking of school visits in the local area and work as an integral part of the LEW&TV business development team.
12. Undertake additional responsibilities and tasks as appropriate/required in addition to teaching in schools. This will vary according to the time of year; individual skill sets and projects LEW&TV may have in hand. Adaptability and flexibility are essential.
13. Ensure at all times, and have as a priority, the health and safety of children and adults in relation to the safe operating practices of all LEW&TV equipment, including LifeSpace, Lifebase and SCARF Live Online Interactive (including siting, equipment, appropriate online methods and safeguarding).
14. Recognise and challenge all forms of discrimination and prejudice in the workplace.
15. Treat everyone with respect, dignity and fairness and acknowledge and celebrate diversity.
16. Maintain an awareness of your own and others' health and safety and comply with the LEW&TV & CLE Health & Safety policy and procedures.
17. Maintain confidentiality of information and comply with all requirements related to the Data Protection Act/General Data Protection Regulations (GDPR).
18. This job description is not exhaustive and may be reviewed from time to time and amended by mutual arrangement.

Overview of terms and conditions

1. All Educators must undergo and pass the intensive 10-12 week training course before being qualified to deliver the CLE programmes.
2. Any appointment will be provisional until successful and satisfactory completion of the training as an Educator for Life Education.
3. A Training Fee and expenses to be agreed will be paid in equal monthly sums from commencement of training to commencement of a full contract.
4. Salary is according to the LEW&TV Salary Scale One/Two for Educators and is negotiable within the scales according to skills and experience. Salaries are reviewed annually on April 1st. It is the policy of LEW&TV to take into account the salary guidelines published annually by the CLE national office.
5. A probationary period of at least 6 – 9 months will follow the successful completion of training.
6. The normal area of work will be at schools as close to home as possible. From time to time travelling distances to schools, meetings or training may be necessary.
7. Hours of work will average out over the course of the year to 22.5/30 hours per week Monday to Friday, during term time; exact days will depend on school bookings. This is a professional post and a degree of flexibility and adaptability will be required.
8. Occasional overtime at the end of the normal working day or during holidays would attract no special payment. Should circumstance arise where there is a need to work significant additional hours, payment for working these hours would be agreed in advance. Such payments would be made at basic rate irrespective of when the hours were undertaken. Alternatively, time off in lieu may be awarded at the discretion of the Line Manager.
9. This is a term time post and all holidays should be taken outside of the 195 working days. Full payment for holidays is included in the annual salary.
10. Pension: Eligible employees will join the auto enrolment pension scheme.
11. Travel will be in your own car for which LEW&TV will pay mileage according to current policy. Reasonable travelling time is additional to normal hours of work.

Person Specification - Educator Scale One/Two

Qualifications	Essential	Desirable
PGCE/ B.Ed or equivalent higher education qualification (1)		Y
PSHE or Health Education qualification or certificate		Y
Possession of full driving licence and access to own transport (or alternative means of travelling throughout the area covered)	Y	
Knowledge & Experience		
Demonstrable or significant experience of working with children within an educational setting	Y	
Knowledge of PSHE education and related issued	Y	
Understanding of schools, the operating environment & decision-making structures	Y	
Experience of theatre-in-education or drama with children and young people		Y
Support or training for mental health or wellbeing with young people		Y
Experience of presenting information to adults in formal/informal settings		Y
Experience of classroom management/positive behaviour management techniques		Y
Experience of wellbeing techniques eg yoga, mindfulness, mental health first aid		Y
Skills		
Presentation skills	Y	
Effective Communicator with both adults and children	Y	
Proven ability in administrative/workload/time management	Y	
Evidence of ability to work on own initiative and as part of a team	Y	
IT literate: Use of data management systems, email communications, confidence to deliver programmes using platforms (Zoom/Teams) and support schools in the process.	Y	
Confidence to promote the Coram Life Education offer and make effective use of contacts and network opportunities	Y	
Behaviours & Values		
Ability to relate well/with positive attitude to children	Y	
Confident and proactive	Y	
Self-starter – able to work effectively with minimum supervision	Y	
Interest in and awareness of physical and mental wellbeing issues		Y
Awareness of and commitment to equal opportunities principles and practice	Y	

(1) Consideration is given to those without a teaching qualification only in exceptional circumstances, where the applicant has demonstrated equivalent experience, knowledge and skills. The skills and confidence to relate to teachers and have empathy with the challenges they face cannot be over-emphasised as we strive to provide a service that is relevant to their needs.



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Chairman Ambassadors Group:
Keith Millman

March 2022

PRIVATE & CONFIDENTIAL

Data Protection Privacy Notice

I enclose a data protection privacy notice. Please read the notice carefully and keep it in a safe place as it contains important information about:

- who collects personal information about you;
- which information we collect and how and why we do so;
- how we use the information and who we may share it with;
- where we may hold your personal information;
- how long we keep your information.

We are sending you this notice to make sure we comply with legislation governing data protection, known as the General Data Protection Regulation or 'GDPR' and the legislation proposed in the Data Protection Bill.

Please do not hesitate to contact our Data Protection Officer who will be pleased to help with any queries you might have.

Yours faithfully

Jeanette McPhail
Chief Executive
Life Education Wessex & Thames Valley

Data Protection Privacy Notice (Recruitment)

This notice explains what personal data (information) we will hold about you, how we collect it, and how we will use and may share information about you during the application process. We are required to notify you of this information, under data protection legislation. Please ensure that you read this notice (sometimes referred to as a 'privacy notice') and any other similar notice we may provide to you from time to time when we collect or process personal information about you.

Who collects the information

Life Education Wessex trading as Life Education Wessex & Thames Valley ('Company') is a 'data controller' and gathers and uses certain information about you. This information is also shared with Coram Life Education and so, in this notice, references to 'we' or 'us' mean the Company and our group companies.

Data protection principles

We will comply with the data protection principles when gathering and using personal information, as set out in our Data Protection Policy.

About the information we collect and hold

What information

We may collect the following information up to and including the shortlisting stage of the recruitment process:

- Your name and contact details (ie address, home and mobile phone numbers, email address);
- Date of birth (optional), National Insurance Number, Driving Licence (including endorsements);
- Details of your academic and/or qualifications, experience, employment history (including job titles, salary and working hours) and interests;
- Your racial or ethnic origin, sex and sexual orientation, religious or similar beliefs;
- Information regarding your criminal record;
- Details of your referees.

We may collect the following information after the shortlisting stage, and before making a final decision to recruit:

- Information about your previous academic and/or employment history, including details of any conduct, grievance or performance issues, appraisals, time and attendance, from references obtained about you from previous employers and/or education providers ;
- Information regarding your academic and/or professional qualifications ;
- Information regarding your criminal record, in criminal records certificates (CRCs) and enhanced criminal records certificates (ECRCs) ;
- Your nationality and immigration status and information from related documents, such as your passport or other identification and immigration information ;
- A copy of your driving licence .
- Health Questionnaire .

You may be required (by law or in order to enter into your contract of employment) to provide the categories of information marked '' above to us to enable us to verify your right to work and suitability for the position.

How we collect the information

We may collect this information from you, your referees (details of whom you will have provided), your education provider, the relevant professional body, the Disclosure and Barring Service (DBS), the Home Office.

Why we collect the information and how we use it

We will typically collect and use this information for the following purposes (other purposes that may also apply are explained in our Data Protection Policy):

- to take steps to enter into a contract;
- for compliance with a legal obligation (e.g. our obligation to check that you are eligible to work in the United Kingdom);
- for the performance of a task carried out in the public interest; and
- for the purposes of our legitimate interests, but only if these are not overridden by your interests, rights or freedoms.

We seek to ensure that our information collection and processing is always proportionate. We will notify you of any changes to information we collect or to the purposes for which we collect and process it.

How we may share the information

We may also need to share some of the above categories of personal information with other parties, such as HR consultants and professional advisers. Usually, information will be anonymised but this may not always be possible. The recipient of the information will be bound by confidentiality obligations. We may also be required to share some personal information to comply with the law.

Further details on how we handle sensitive personal information and information relating to criminal convictions and offences are set out in our Data Protection Policy available on request.

Where information may be held

Information may be held at our offices and those of our group companies, and third party agencies, service providers, representatives and agents as described above.

How long we keep your information

We keep the personal information that we obtain about you during the recruitment process for no longer than is necessary for the purposes for which it is processed. How long we keep your information will depend on whether your application is successful and you become employed by us, the nature of the information concerned and the purposes for which it is processed.

We will keep recruitment information (including interview notes) for no longer than is reasonable, taking into account the limitation periods for potential claims such as race or sex discrimination (as extended to take account of early conciliation), after which they will be destroyed. If there is a clear business reason for keeping recruitment records for longer than the recruitment period, we may do so but will first consider whether the records can be pseudonymised, and the longer period for which they will be kept.

If your application is successful, we will keep only the recruitment information that is necessary in relation to your employment.



Life Education

Wessex & Thames Valley

Application form: Educator (Dorset based)

PRIVATE AND CONFIDENTIAL

Ref. No: _____

Please return this form to: **Jeanette McPhail**

Applications by email will be accepted (send to jeanette@lifeeducationwessex.org.uk). Signed copies should be marked private and confidential and sent to Life Education Wessex & Thames Valley, 2 Barnes Croft, Coles Lane, Milborne St Andrew, Blandford, Dorset, DT11 0LG. You may if you wish attach a CV as well. If you wish to supply any additional information to support your application not covered by the form, please do so in a covering letter.

Surname		Forename(s)		Title
Address				
Postcode				
Email				
Date of Birth (optional)		Telephone Number (daytime)		
NI No.		Telephone Number (evening)		
Current driving licence? Yes/No		Details of Endorsements		
Expiry Date:				
Are there any restrictions on you taking up employment in the UK? Yes <input type="checkbox"/> (please provide details) No <input type="checkbox"/>				
When would you be able to start training?				

EDUCATION HISTORY

Schools	Qualifications gained
Colleges/Universities	Qualifications gained

Other training
Details of membership of professional or technical institutions or societies

OTHER EMPLOYMENT

Please note any other employment you would continue with if you were successful in obtaining this position

EMPLOYMENT HISTORY (Complete in full with most recent first and use a separate sheet if necessary)

DATES FROM - TO	NAME AND ADDRESS OF EMPLOYER	JOB TITLE AND BRIEF DESCRIPTION OF DUTIES	RATE OF PAY	REASON FOR LEAVING

EXPERIENCE

Please give details of experience and any other relevant factors eg voluntary work or leisure time activities that would help us in considering your application

LEISURE

Please note here your leisure interests, sports and hobbies, other pastimes etc

REFERENCES

Please provide details of two professional referees who know you well enough to provide information relating to your suitability to the post. One of them must be your present or most recent employer. If you are a student, please give an academic referee.

<p>1.</p> <p>Name:</p> <p>Position:</p> <p>Organisation:</p> <p>Address:</p> <p>Postcode:</p> <p>Tel No:</p> <p>Email:</p> <p>May we approach prior to interview? Yes/No</p>	<p>2.</p> <p>Name:</p> <p>Position:</p> <p>Organisation:</p> <p>Address:</p> <p>Postcode:</p> <p>Tel No:</p> <p>Email:</p> <p>May we approach prior to interview? Yes/No</p>
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Please use this section or insert a typed sheet of your own to answer the following question and tell us about the skills, experience and qualities you would bring to the post.

“Having read the job description and information on Life Education, I am confident I would be a good Educator because...”

CAUTIONS, REHABILITATION AND CRIMINAL RECORDS

Because of the nature of the work for which you are applying, this post is exempt from the provisions of Section 4(2) of the Rehabilitation of Offenders Act 1974 and subsequent up-dates, by virtue of the Exceptions Order 1975, which means that convictions that are spent under the terms of the Rehabilitation of Offenders Act 1974 **must be disclosed**, and will be taken into account in deciding whether to make an appointment. Any information will be completely confidential and will be considered only in relation to this application.

In addition **you are required** to submit to a Disclosure & Barring Service check. Any standard or enhanced disclosure made by the DBS will remain strictly confidential.

Have you ever been convicted in a Court of Law and/or cautioned in respect of any offence? YES/NO (delete as required)

If YES, please give details

SPECIAL REQUIREMENTS

Because this position involves the care of children and/or vulnerable adults employment is dependent on the following:

- 1) Your written consent to obtaining an enhanced disclosure certificate from the Disclosure & Barring Service or an approved umbrella body.
- 2) Such disclosure being acceptable to the company.
- 3) Proof of identity - birth or marriage certificate (where appropriate) and passport (if available).
- 4) Two satisfactory written references.
- 5) That you will supply a photograph of yourself for retention in your records.
- 6) Evidence of physical or mental suitability for your work.

DECLARATION (Please read this carefully before signing this application)

1. I confirm that the above information is complete and correct and that any untrue or misleading information will give my employer the right to terminate any employment contract offered.
2. I agree that the organisation reserves the right to require me to undergo a medical examination. (Should we require further information and wish to contact your doctor with a view to obtaining a medical report, the law requires us to inform you of our intention and obtain your permission prior to contacting your doctor). I agree that this information will be retained in my personnel file during employment and for up to six years thereafter and understand that information will be processed in accordance with the Data Protection Act.
3. I agree that should I be successful in this application, I will, if required, apply to the Disclosure & Barring Service for an enhanced disclosure. I understand that should I fail to do so, or should the disclosure not be to the satisfaction of the company any offer of employment may be withdrawn or my employment terminated.

Name of applicant (please print)

Signed:

Date:

Helping children make healthy choices



Life Education
Wessex & Thames Valley

“All sorts of medical research now shows that what you start with in life is very important and that influence and environment is crucial. Education for children at an early age is vital, to help them adopt the right healthy habits, so that their health later on is going to be as good as possible. That’s why I think the work of Life Education is so important”

Professor Lord Robert Winston

Over 98% of teachers would recommend us to other schools

The children’s charity, Life Education Wessex & Thames Valley* (LEW&TV), is a Delivery Partner of the UK’s leading health, drug and emotional wellbeing education programme, Coram Life Education. Working with schools, parents/carers and the local community, we help to effectively communicate healthy lifestyle messages and empower children with the knowledge, skills and self-confidence to make positive healthy decisions and stay safe.



We offer a whole-school approach to improving children’s wellbeing and progress based on the core values of **Safety Caring Achievement Resilience Friendship** and developed with the knowledge that improving children’s health and wellbeing improves their academic attainment. SCARF is a one-stop, comprehensive Personal, Social, Health

Education (PSHE) programme for ages 3 – 11 including Relationships Education and online safety programmes. The interactive and flexible online resources, which are fully aligned with the National Curriculum and designed to support Ofsted and safeguarding requirements, include lesson plans, activities and teaching and learning films, and are offered at no extra cost to schools when booking a Life Education visit.

The following workshops complement the SCARF curriculum and are delivered by our highly skilled Educators either virtually or in the school classroom, and also in LifeSpace.

Health, Drug and Emotional Wellbeing workshops for Nursery to Year 6

With the use of drama and role play, group discussions and a little magic, we deliver a series of 8 fun and memorable, age appropriate workshops for Nursery to Year 6. Sessions feature the much loved Harold the Giraffe and friends who help the children explore emotions and wellbeing. We discover the wonders of the human body and help children to make life long healthy choices. These workshops also include a staff briefing and parents session (see overleaf for details of each year group workshop).

Relationships Education for Years 4, 5 & 6

These workshops incorporate puberty lessons and helps schools meet their SMSC development, safeguarding, and emotional wellbeing requirements. Workshops can be tailored to the specific needs of the school, and include parent and staff briefings.

bCyberwise: staying safe online for Years 3, 4, 5 & 6

Promotes positive online citizenship and teaches children how to be respectful and safe online with innovative and needs-led resources. bCyberwise covers National Curriculum Key Stage 2 requirements on internet safety.



SCARF Live Online - see separate flyer for more details

Children love these fun, memorable, innovative and exciting online workshops - delivered via Zoom - focusing on emotional health and wellbeing.

“The topics covered mental wellbeing – a priority in the current circumstances and the children had a pre-session to prepare them well for the online session. They loved completing the wellness booklet – a lovely resource to use.”

*Berkshire, Buckinghamshire, Cornwall, Devon, Dorset, Hampshire, Oxfordshire, Somerset and East Swindon

Synopsis of Health, Drug and Emotional Wellbeing workshops for Nursery to Year 6

Taking Care of Myself

Age: 3-4 years – Nursery
30 minutes

Children find out how their bodies work and how to keep clean and healthy. They explore the need for a healthy diet, sleep and exercise. Harold the giraffe is introduced and the children help him to feel happy about his first day at nursery.

All About Me

Age: 4-5 years – Reception
45 minutes

Children find out how their bodies work and explore the importance of personal hygiene, healthy food, sleep and exercise in looking after their bodies. The safe use of medicines is introduced. Through Harold's visit to his Grandparents they explore feelings, how to deal with them positively and the role friends and family play in their lives.

My Wonderful Body

Age: 5-6 years – Year 1
60 minutes

Children find out about keeping their bodies healthy and safe. They explore the need for a healthy balanced diet and discuss the safe use of medicines. Harold's friends Kiki and Derek are introduced providing opportunities to explore the importance of friendship, consider how feelings can be hurt and think of strategies for making up when friends fall out.

Feelings

Age: 6-7 years – Year 2
60 minutes

Children further explore the way their bodies work, keeping themselves healthy, and safe storage and use of medicines. Alternatives to medicine such as a good night's sleep, water and exercise are discussed. They consider causes of different emotions and explore the management of feelings. Through helping Harold and his friends they identify ways of dealing with situations involving teasing and bullying.

Meet the Brain

Age: 7-8 years – Year 3
60 minutes

Children find out how the brain sends and receives messages through the nerves. They consider medicines as drugs and discuss their safe use and storage. The effects on the body of smoking and drinking alcohol are introduced. Qualities of friendship and skills needed to be effective in relationships with peers are explored.

It's Great to Be Me

Age: 8-9 years – Year 4
75 minutes

Children start to consider how organs in the body work together as systems to provide the body with energy from food, water and oxygen. They discuss issues concerning the safe use of medicines and develop an understanding of some of the key risks and effects of smoking and drinking alcohol. They explore friendships and peer influence; recognising the importance for individuals to make their own decisions and take responsibility for their own safety and behaviour.

Friends

Age: 9-10 years – Year 5
75 minutes

Children explore physical and emotional needs, recognising that these change according to circumstance. They discuss ways of categorising drugs and develop critical thinking skills in relation to smoking, alcohol and medicines. They consider risks associated with smoking and alcohol and emphasis is placed on the fact that most young people do not take these risks. They explore the influence of friends on decision making and identify and rehearse assertiveness skills.

Decisions

Age: 10-11 years – Year 6
75 minutes

Children review their knowledge about the body and explore emotional needs. Basic laws on drugs are discussed and they develop critical thinking skills in relation to legal/illegal drug use including tobacco, alcohol, cannabis and solvents. They explore behaviour patterns within peer groups, risks in relation to alcohol and identify strategies for managing these risks. They identify activities which are popular among young people that are less risky than recreational drug use.



Schools contribute roughly 60% of the actual cost of the Life Education visit. The balance is subsidised through fundraising and community donations.



For more information...

Visit www.lifeeducationwessex.org.uk

Email enquiries@lifeeducationwessex.org.uk

Call 01258 837417

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Charity No. 1071094

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coram 
Life Education Delivery Partner

Delivering all the new DfE statutory requirements for Relationships Education and Health Education

Our **SCARF Live Online** and **LifeBase** workshops provide high-quality, inspiring enrichment experiences, developing essential life skills. Expert educators deliver sessions covering sensitive issues including drug use, safe and unsafe relationships, and mental health. Children remember these workshops long after they've left primary school.

Schools booking a visit receive our award-winning SCARF online resources at no extra charge. SCARF – **Safety, Caring, Achievement, Resilience, Friendship** – provides a whole-school approach to children's physical and mental health and wellbeing. We support schools in meeting Ofsted's requirements for Personal Development, including SMSC.



“All staff and pupils understand the SCARF code...The focus upon warm relationships of mutual respect creates a calm and purposeful atmosphere for learning.”

Ofsted feedback to a school using SCARF

SCARF is a complete PSHE and Wellbeing curriculum, trusted by over 45,000 teachers. It covers all the DfE statutory requirements for Relationships, Sex and Health Education. With over 350 lesson plans, online planning and assessment tools, mapping to SMSC, British Values, National Curriculum and the PSHE Association's Programmes of Study, SCARF can make a positive and lasting difference in your school. And with Ofsted inspections now taking Relationships Education into account in their judgements, now is the time to see how we can help.

Find out more at www.coramlifeeducation.org.uk





New virtual sessions

Giving your children positive, enrichment experiences and enhancing emotional health

Our educators are now delivering new, innovative and exciting online workshops, using Zoom. Children love these fun, memorable sessions, focusing on emotional health and wellbeing. Specially-devised content supports the mental wellbeing aspects of your recovery curriculum and by booking these sessions your whole school will continue to benefit from our award-winning SCARF comprehensive PSHE curriculum, at no extra cost!

"The content was highly relevant for pupils, particularly during this time. It provided them with a safe space to talk and with practical strategies to support in school and at home. I know the pupils loved seeing Harold the giraffe!"

Teacher Feedback

SCARF Live Online workshop for 3-5 year-olds: learning outcomes

Children will:

- Identify and name a range of feelings
- Recognise how others might be feeling by reading body language/facial expressions
- Learn and practise calming, relaxation techniques

SCARF Live Online workshop for 5-7 year-olds: learning outcomes

Children will:

- Identify and discuss a range of feelings
- Understand how others might be feeling by reading body language/facial expressions
- Recognise, name and understand how to deal with feelings (e.g. anger, loneliness)
- Understand that the body gets energy from food, water and oxygen
- Recognise that exercise and sleep are important parts of a healthy lifestyle
- Recognise the importance of regular hygiene routines

SCARF Live Online workshop for 7-9 year-olds: learning outcomes

Children will:

- Understand that there is mental as well as physical health and what they can do to improve their mental health and wellbeing
- Learn and remember the model of 5 ways to Mental Wellbeing at age appropriate level
- Consider ways in which they can maintain, manage and improve their own mental wellbeing using the 5 ways model

SCARF Live Online workshop for 9-11 year-olds: learning outcomes

Children will:

- Understand the importance of physical and mental wellbeing
- Understand the term mental wellbeing
- Learn ways to manage their own mental wellbeing
- Understand what might affect their mental wellbeing
- Learn strategies and skills to help them when feeling overwhelmed

What teachers say about SCARF Live Online

"The children loved the interaction with the educator and we got everything we would have got in the mobile classroom."

"The educator couldn't have been more helpful - the pre-session before the live one was really helpful and informative."

"The children were really engaged and the pace of the workshop went really well. I was really impressed with how the virtual workshop worked."