

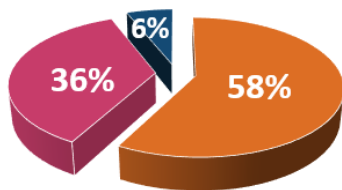
## SUMMARY OF ANNUAL ACCOUNTS

INCOME	2022	2021
Charitable Activities	267,471	140,953
Donations & Gifts, including Events and Gift Aid	166,979	189,670
Furlough and Government COVID grants	28,097	130,495
<b>TOTALS</b>	<b>462,547</b>	<b>461,118</b>

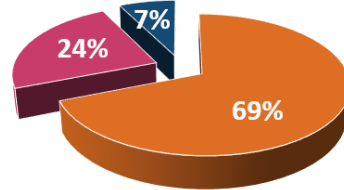
EXPENDITURE	2022	2021
Charitable Activities (cost to deliver service)	264,917	261,064
Fundraising costs	90,529	78,200
Governance costs	28,571	26,123
<b>TOTALS</b>	<b>384,017</b>	<b>365,387</b>

Full accounts can be downloaded from our website

### INCOME 2021-22



### EXPENDITURE 2021-22



## SCHOOL VISIT DATA

	Devon <sup>1</sup>	Dorset	Hampshire <sup>2</sup>	Somerset	Thames Valley	TOTALS
Schools Visited	35	101	99	58	71	<b>364</b>
Days at Schools	59	207	255	114	132	<b>767</b>
Children Participating	<b>5,700</b>	<b>19,624</b>	<b>24,603</b>	<b>10,596</b>	<b>12,027</b>	<b>72,550</b>

<sup>1</sup>Includes 3 Cornwall schools  
<sup>2</sup>Includes 1 Isle of Wight school

The average number of pupils seen per day was 95

We reached a further 181 schools and 40,800 children with SCARF resources

## THANK YOU

to our many supporters throughout the region from the children, parents and schools of Wessex and Thames Valley

To find out more visit [www.lifeeducationwessex.org.uk](http://www.lifeeducationwessex.org.uk)

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Life Education helping children make healthy choices in Cornwall, Devon, Dorset, Hampshire, Somerset and the Thames Valley with interactive workshops and our PSHE & RHE resource...

**S**afety **C**aring **A**chievement **R**esilience **F**riendship



Photo: Pam Gurney

**100% of staff surveyed would recommend our services to another school**

# Overview of our year 2021-22



# Experts agree that early intervention is the key to empowering children to make healthy choices and avoid risky behaviours

## What we Offer

- ✓ SCARF (Safety, Caring, Achievement, Resilience, Friendship); Comprehensive, online year round programme of study encompassing the entire PSHE and Relationships & Health Education (RHE) curriculum for Reception to Year 6
- ✓ Specialist Educator-led workshops delivered in-school:
  - Health, emotional well-being & drug prevention education for Nursery to Year 6 children (aged 3-11)
  - Time For Change: Growing Up and Moving on at Puberty for Years 4 to 6
  - Relationship Education for Years 4 to 6
- ✓ SCARF Live Online (Virtual) health, emotional well-being & drug prevention education workshops for Nursery to Year 6 children (aged 3-11)
- ✓ Twilight staff training
- ✓ Staff briefings and parent/carer sessions
- ✓ LifeSpace (inflatable classroom) is being reintroduced where appropriate

*"The children were all incredibly intrigued and really enjoyed the interactive elements including videos and statistics. They were able to draw upon their own experiences and felt comfortable sharing this with you. Your session was incredibly appropriate and relevant especially as the children make their transition to Secondary school."*

## Why we do it...

Schools are required to deliver Relationships & Health Education, including emotional and mental health. We welcome recognition of the increasing pressures and anxieties faced by children in today's world, particularly since the COVID19 pandemic. Our resources support schools in meeting guidelines and helping children make healthy choices, avoid risky behaviours and stay safe.

- 32% of boys and 28% of girls aged 2-15 were either overweight or obese (31% & 27% in 2018)<sup>1</sup>
- 31% of pupils reported that they had been offered drugs<sup>2</sup>
- 9% of children aged 8-15 had ever used e-cigarettes or vaping devices (7% in 2018)<sup>1</sup>
- 16% of children aged 5-16 were identified as having a probable mental disorder (10.8% in 2017)<sup>4</sup>
- 32% of 8-11 year olds who go online say they have seen something worrying or nasty (27% in 2021 and 18% in 2019)<sup>3</sup>

However, statistics demonstrate some encouraging trends;

- 96% of children aged 8 - 15 have never smoked (82% in 1997)<sup>1</sup>
- 85% of 8 - 15 year olds have never drunk alcohol (55% in 2003)<sup>1</sup>
- 94% of boys and 95% of girls reported good or very good health<sup>1</sup>
- 18% of 11-15 year olds had taken illegal drugs (down from 24% in 2018)<sup>2</sup>

<sup>1</sup>Health Survey for England 2019

<sup>2</sup>Smoking, Drinking and Drug Use among Young People in England 2022

<sup>3</sup>OFCOM Media Use & Attitudes Report 2020/2022

<sup>4</sup>Mental Health of Children and Young People in England 2020

## Evidencing the Value

Findings from annual evaluations show that:

- ✓ **99% of staff** agreed that the workshops met children's needs
- ✓ **98% of staff** agreed that the workshops were well delivered
- ✓ **98% of staff** agreed that the quality of the content in the workshops was appropriate to the class

## Some comments from children;

*"I liked the mental 'Jenga' and the talk about drugs and smoking"* (Year 5)

*"It's helping us to make good choices"* (Year 5)

*"Helping others, being kind and saying sorry - I'm going to try to remember to say sorry if I bump into someone"* (Year 1)

*"I learned about Friendship and Teamwork"* (Year 1)

*"Doing exercise like running helps the heart"* (Year 1)

## Some comments from teachers;

*"A fantastic and thoroughly enjoyable session in which the children had a wonderful experience. The physical and practical elements to the session gripped the children, especially the human body."*

*"A wonderfully engaging and educational session. Tailored perfectly to the children's age and abilities."*

*"Excellent and really useful conversations prompted through the material. Fantastic questions which were enthusiastically tackled by the children. Difficult topics addressed in a thoughtful, realistic and non-judgemental manner."*

*"Very glad you discussed mental wellbeing and gave ways they could help themselves with this."*

*"Amazing PSHE package- transformed PSHE at our school. Raised its profile. A great resource to embed a whole school ethos."*

*"The session worked well online. The children enjoyed Harold and were engaged throughout. The pre-session booklet helped prepare them."*

*"The children are learning and engaging about a variety of topics - this has allowed them to discuss feelings, emotions, behaviours and expectations with their peers."*

