

# coram Life Education

## Tobacco, Alcohol and other Drugs: Programmes for Key Stage 3

Enhance your drug education curriculum with a visit from Life Education – Britain's largest charity provider of drug education.



# coram

## Life Education

With over thirty years of experience in the field of primary aged drug education Life Education has now responded to demand and developed sessions aimed specifically at 11-13 year-olds (KS3 Years 7 & 8).

### Can you take it?

#### Alcohol

This session explores the many mixed messages and attitudes surrounding alcohol in our society. Through discussion, the use of interactive voting technology and drama, pupils consider how these attitudes can affect young people's decisions around drinking behaviours. Aspects of the law are also explored as well as government guidance on young people and alcohol. There is a strong emphasis on the social norms approach to drug education, which is that *most* young people do not drink at risky levels.

### In the hot seat!

#### Tobacco

This session helps pupils to consider our changing attitudes towards smoking and the decreasing prevalence of tobacco use in our society. Recent national statistics show that smoking is an increasingly minority activity among young people. However those who do experiment are most likely to do so in the early years of secondary school – this programme is targeting that vital age-group. The use of interactive voting technology allows pupils to explore the law, physical effects of smoking, normative behaviour, and attitudes towards passive smoking. Through a hotseating drama, pupils challenge the motivations of the tobacco industry.

### Welcome to Utopia

#### Illegal Drugs

This session explores the world of illegal drugs through the use of a fictional substance 'Utopia'. This 'drug' has medical benefits but also clear risks, particularly for the under 25s.

Through discussion, the use of interactive voting technology and role play, pupils consider the different ways this new drug could be controlled and regulated in our society. Along the way they learn how drugs – medical, legal and illegal – are currently regulated. There is an emphasis on the fact that the recreational use of drugs (both legal and illegal) is an increasingly minority activity, reinforcing the social norms approach to drug education.



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### Teacher Inset and Parent Workshop

Coram Life Education can also provide related Inset for teachers and workshops for parents/carers to support and enhance these new sessions.

### What teachers have said about the sessions...

*"Pupils are now more aware of alcohol as a drug and are now in a better position to make more informed choices."*

*"The session created a huge amount of questions and points raised by the students, including things that should be explored more with young people."*

*"Very relevant and useful....kept students attentive and focussed!"*

*"The messages about alcohol came across very clearly – students' questions and ideas in role-play session were evidence of this."*

*"The pupils all felt able to contribute, particularly some who often don't whilst in other groups."*

### For more information contact:

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