

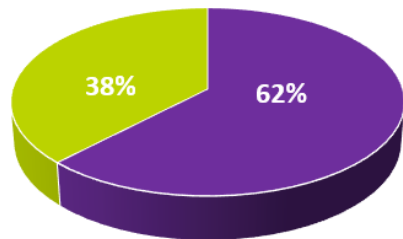
## Summary of Annual Accounts

INCOME	2025	2024
Charitable Activities	295,194	284,401
Donations & Gifts, including Events and Gift Aid	179,192	184,730
<b>TOTALS</b>	<b>474,386</b>	<b>469,131</b>

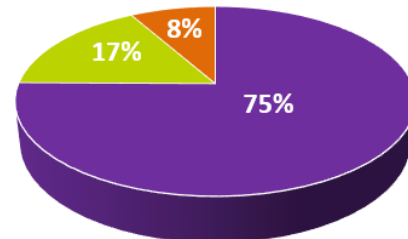
EXPENDITURE	2025	2024
Charitable Activities (cost to deliver service)	318,941	309,953
Fundraising costs	70,382	74,304
Governance costs	34,951	32,516
<b>TOTALS</b>	<b>424,274</b>	<b>416,773</b>

Full accounts can be downloaded from our website

### INCOME 2024-25



### EXPENDITURE 2024-25



Fundraising

Charitable Activities

Fundraising

Charitable Activities

Governance

### School visit data

	Devon & Cornwall	Dorset	Hampshire & IOW	Somerset	Thames Valley	TOTALS
Schools Visited	39	115	144	51	89	438
Days at Schools	52	210	291	101	158	812
Children Participating	4,523	19,694	29,971	9,908	15,153	79,249

The average number of pupils seen per day was 98

We reached a further 317 schools and 53,624 children with SCARF resources

Thank you

.....to our many supporters throughout the region from the children, parents and schools of Wessex and Thames Valley

To find out more visit [www.lifeeducationwessex.org.uk](http://www.lifeeducationwessex.org.uk)

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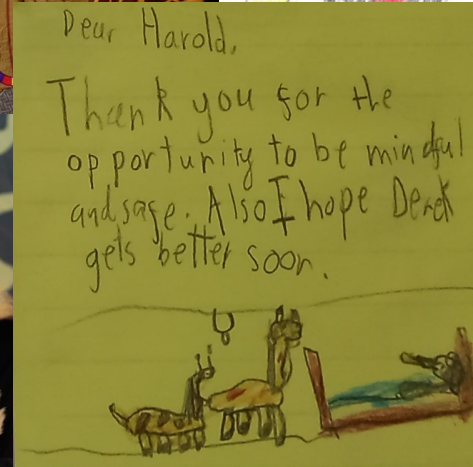
Life Education Wessex & Thames Valley is a trading name of Life Education Wessex

Registered office: 47 Boutport Street, Barnstaple, Devon EX31 1SQ

**coram**  
Life Education

Delivery Partner

Life Education helping children make healthy choices in the South west, Hampshire and Thames Valley with interactive workshops and our PSHE and RHE resources...



**S** SAFETY  
**C** CARING  
**A** Achievement  
**R** RESILIENCE  
**F** FRIENDSHIP



100% of staff surveyed would recommend our services to another school

Overview of our year  
2024-2025



Life Education  
Wessex & Thames Valley

## What we offer

- ✓ **SCARF - Safety, Caring, Achievement, Resilience, Friendship** a comprehensive, online year round programme of study encompassing the entire PSHE and Relationships & Health Education (RHE) curriculum for Nursery to Year 6
- ✓ Specialist Educator-led workshops delivered in-school:
  - **Physical Health & Wellbeing:** drug prevention education, nutrition, exercise, personal health choices
  - **Mental Wellbeing:** '5 ways to wellbeing', resilience, self-worth and positive mental attitude
  - **Online Behaviours:** online safety, digital literacy and managing on and offline behaviours
  - **Relationships Education:** bullying, tolerance, diversity, personal boundaries and healthy relationships with their peers and the wider community.
- ✓ Workshops delivered in school classrooms or LifeSpace our unique inflatable classroom
- ✓ SCARF Live Online: Virtual physical health, emotional health, and drug prevention education workshops for Nursery to Year 6 children
- ✓ Staff briefings & parent/carers sessions
- ✓ Staff SCARF Training

"What a fabulous session. Sarah kept the children engaged throughout. It was great seeing them so intrigued! A really informative session, interactive throughout."

## Why we do it

Schools are required to deliver Relationships & Health Education, including emotional and mental health. We welcome recognition of the increasing pressures and anxieties faced by children in today's world. Our resources support schools in meeting guidelines and helping children make healthy choices, avoid risky behaviours and stay safe.

- **10% of children in Reception were obese<sup>1</sup>**
- **12% of children aged 8-15 had ever used e-cigarettes or vaping devices<sup>2</sup>**
- **33% of children who go online say they have seen something worrying or nasty<sup>3</sup>**
- **16% of children aged 8-10 were identified as having a probable mental health disorder<sup>4</sup>**
- **35% of children aged 10 to 15 years experienced an in-person bullying behaviour<sup>5</sup>**

However, statistics demonstrate some encouraging trends;

- **13% of children had taken illegal drugs (18% in 2021)<sup>2</sup>**
- **97% of children aged 8-15 have never smoked (96% in 2021)<sup>1</sup>**
- **86% of children aged 8-15 have never drunk alcohol (85% in 2021)<sup>1</sup>**

1. Office of Health Improvement & disparities, Obesity Profile, 2024

2. Health Survey England, 2022

3. OFCOM Media Use & Attitudes Report, 2024

4. Mental Health of Children and Young People in England 2023

5. ONS Bullying and online experiences among children, 2023

It taught me that life has some bad times but you're good at the core even though you may not (always) feel it

## Evidencing the value

Findings from annual evaluations show that;

- ✓ **100% of staff** agreed that the workshops were well delivered
- ✓ **100% of staff** agreed that the workshops met children's needs
- ✓ **96% of staff** agreed that SCARF is easy to access and implement in their school

## Some comments from pupils;

This morning I was feeling sad and worried but after I saw Harold I felt happy

Don't let your friends persuade you, make sure you're the boss of you

Teaching us about the actions that you need to do to remain happy and the values of happiness

You need lots of sleep, it's like filling up your body with petrol for the next day so you get lots of energy

I like SCARF very much because it helps me learn about myself and what I need to keep me and others safe and healthy in a fun, happy and safe environment

## Some comments from teachers;

"A very engaging workshop with a great message for the children. The children were really engaged in the activities and the characters. Michele made the children feel heard straight away and they were really keen to share their ideas. It was also great being able to practise mindfulness strategies with the class."

"Absolutely wonderful! It was a joy for the children and they gained so much from their workshop. The children were always engaged and able to share and actively learn in so many ways. The session and leader were so informative, fun and joyful."

"Thank you for such an engaging SCARF workshop. The children really enjoyed joining in and particularly the positive way the content was shared. The session was very relevant to our PSHE learning which allowed the children to share what they had learnt and feel comfortable to ask questions and share thoughts and feelings."

"The two sessions for this year group were targeted really well for this age. Some thought-provoking debates took place on alcohol allowing the children to think about differing views. All contributions were welcomed and acknowledged which had a really good impact including all children. A thoroughly enjoyable session."

"The children were looking forward to this all day and were so engaged with the session. The tent was very calming and encouraged lots of listening and positive participation. It was great to see how much the children remembered from last year. Katie was very engaging and made the session interactive and accessible. It was lovely to see the children understand gratitude and share what they were thankful for."